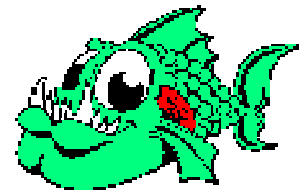


The Flip Turn

August 23, 2006

www.lowermerionaquaticclub.org



DRAFT NO. 1

ALREADY!

Below is the bare bones LMAC swimming and diving schedule for the 2006-2007 season. We say bare bones only because specific times (and some dates) have not been finalized. As soon as this information becomes available it will be shared accordingly.

Date	Opponent	Boys Team	Girls Team
November 4	Central Bucks East*	Home	Away
November 11	Upper Merion	Home	Away
November 18	Plymouth Whitemarsh	Away	Home
December 2	Methacton	Away	Home
December 9	Radnor	Away	Home
December 16	Norristown	Home	Away
January 6	North Division Team (TBD)	Home	Away
January 13	American Conference Team (TBD)	Away	Home
January 20	Make-Up Date or Bye		
January 27	Last Chance Swimming Meet (Upper Merion)	Away	Away
January 28	Last Chance Diving Meet (TBD)	TBD	TBD
February 3 and/or 4	Division Swimming Championships	TBD	TBD
February 10 or 11	SAL Swimming Championships	LaSalle University	LaSalle University
February TBD	Division Diving Championships	TBD	TBD
February TBD	SAL Diving Championships	TBD	TBD

*Scrimmage

LOOKING FOR LEADERSHIP VOLUNTEERS

While we have many needs that are generously filled by many parents throughout the year, our greatest need at the moment is for folk who want to be considered for leadership volunteer positions. Our greatest need is for team representatives. If you are interested in being considered for any of this or any other role, please submit your name and specific interest to Chuck Ries at mrries@comcast.net.

continued

YOUR E-MAIL IS KEY LMAC'S COMMUNICATION

E-mail is one of our primary means of communicating with LMAC family members. If your e-mail address has changed or you no longer have a swimmer or diver participating in our program and would like your name and address removed from the distribution list, please notify Steve Krouse at swkrouse@comcast.net accordingly. Please remember, your e-mail address will not be shared outside the LMAC family.

TRYOUTS

Tryouts for all age groups for the swim team will be held this September at Lower Merion High according to the schedule below. All tryouts are schedule to begin promptly at 7:00 PM. Only potential new swimmers to the team are required to try out. Swimmers who swam last year will automatically be accepted back for the 2006/2007 season.

Date	Age Group
8 and Unders	Monday, September 11
9 and 10 year olds	Tuesday, September 12
11 and 12 year olds	Wednesday, September 13
13 and older	Thursday, September 14
Make-Up (all age groups)	Friday, September 15